

**Mr.P.ASHOKKUMAR**

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**DECLARATION**

I, **P.ASHOKKUMAR**, Part time Scholar of Doctor of philosophy in Tamil Nadu Physical Education and Sports University, Chennai hereby declare that the dissertation entitled **“EFFECTS OF YOGIC PRACTICES AND TAI-CHI TRAINING ON SELECTED PHYSIOLOGICAL BIO-CHEMICAL PSYCHOLOGICAL VARIABLES AND PLAYING ABILITY AMONG WOMEN FOOTBALL PLAYERS”** Submitted to the Tamil Nadu Physical Education and Sports University for the award of Doctor of Philosophy in Physical Education is my original and independent work and it has not previously formed the basis for the award of any degree, diploma, associate ship, fellowship or any other similar titles to any candidate of any University.

Place : Chennai

**(Mr.P.ASHOKKUMAR)**

Date :

**Scholar**